

Lung Nodules

WHAT YOU SHOULD KNOW

NODIFYLUNG®
Nodule Risk Assessment



What Is a Lung Nodule?

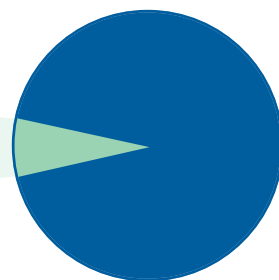
A lung nodule or pulmonary nodule is an abnormal growth that forms in the lungs <30 mm.



- Lung nodules are common. **Up to 1/3 of adults who get chest x-rays or CT scans have lung nodules¹.**
- There can be one or several lung nodules.
- Lung nodules can develop on both lungs, in any spot.

Lung nodules can be scary for people who discover them unintentionally; they're often found by accident on a chest X-ray or CT scan done for some other medical reason. Lung cancer is often the first concern if you just found out that you have a lung nodule; however, **95% of lung nodules are benign, meaning they are not cancerous¹.**

If you fall into the 5%, early detection by a specialist improves your treatment outcomes, making your 5-year survival 10x greater².



Who Is at Risk of Lung Nodules?

Any person can develop a lung nodule. You may be at higher risk of lung nodule development due to³:



OLDER
AGE



SMOKING
HISTORY



HISTORY
OF PRIOR
CANCER



EXPOSURE TO
TOXINS OR
POLLUTION

What Are Noncancerous Causes of Lung Nodules?

- Inflammation from autoimmune diseases or lung disease, like sarcoidosis and rheumatoid arthritis
- Irritants and pollutants in the air
- Infection in the lungs, like pneumonia and tuberculosis
- Scar tissue from previous inflammation
- Fungal infections, like histoplasmosis

What Are My Next Steps?

Your lung nodule should be assessed by your doctor or a specialist, such as a Pulmonologist. Certain characteristics of the lung nodule itself indicate the chances that it might be cancerous. Physicians use this information to help assess your risk, which helps to guide the next steps for managing your lung nodule.

Very Low Risk <5%

Your doctor may follow up with chest CT to look for changes to the nodule over time.

Low to Moderate Risk 5-65%

Your doctor may recommend more tests needed to gain more information. You may be a candidate for blood-based Nodify Lung® Nodule Risk Assessment testing. Through one simple blood draw, Nodify Lung testing can help your physician better understand your lung nodule's risk of cancer.

High Risk >65%

Your doctor may recommend biopsy or surgery to look at cells within the nodule more closely for cancer.

biodesix.com/patient/lung-nodule

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1. Mazzone PJ, Lam L. Evaluating the Patient With a Pulmonary Nodule: A Review. *JAMA*. 2022;327(3):264–273 2. Lung Cancer Key Findings". Lung.org 3. Lung Cancer Risk Factors." Cancer.Org